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Breast cancer survival by subtype, stage at diagnosis and socioeconomic status among young women in Madrid, Spain

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- 1 Introduction
- 2 Material and methods
- **3** Results
- 4 Discussion
- **5** Conclusions

Introduction – Breast cancer

1 Epidemiology

- Among women, BC is the most common cancer worldwide
- 25% of new BC cases are diagnosed in women under 50 years
- Incidence and survival disparities across socioeconomic status

2 Breast cancer characteristics

Heterogeneous group of diseases

Aim of this study

Spain:

Incidence (2025): 149 cases/100,000 5-year Survival (OS|NS): 82% | 87% Mortality (2023): 6,402 women died from breast cancer

Etiopathogenic characteristics
Behaviour
Molecular characteristics
Stage at diagnosis
Treatment approaches

Determine 5-years survival estimates of breast cancer diagnosed in young adult women (20-49 years) in 2018 by grade, molecular subtype, stage at diagnosis and socioeconomic deprivation

Material and methods

Data collection

PBCR – Community of Madrid (Spain)

ENCR & IARC coding recommendations

Population of study

Primary invasive BC
Women aged 20-49 years
01/01/2018-31/12/2018
Living in CM at least 6 months

Variables

Personal identification
Date of incidence
Topography
Laterality
Morphology
Histological grade
Behaviour
Basis of diagnosis

Molecular subtype
Stage at diagnosis
Socioeconomic deprivation (SDI)
Vital status (31st December 2023)

Data analysis

Descriptive analysis

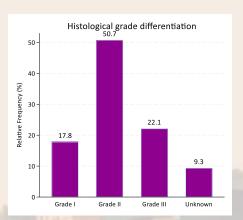
Incidence rates

Observed survival estimate – Kaplan Meier Net survival estimate – Pohar Perme estimator

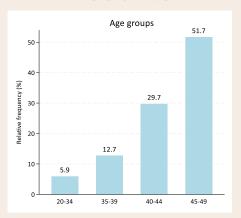
Excess Hazard Ratio - Flexible parametric models("stpm2")

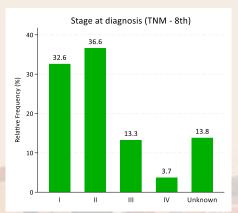
Descriptive analysis

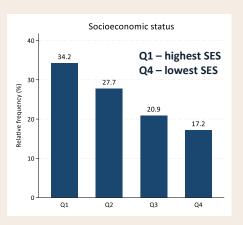
1,049 new cases were included

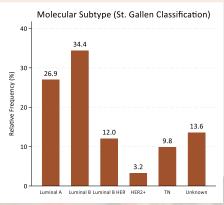


Results









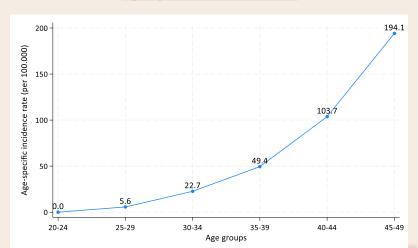
Incidence rates

Results

66 new cases per 100,000 women

*Age-adjusted incidence rate (Europe 2013)

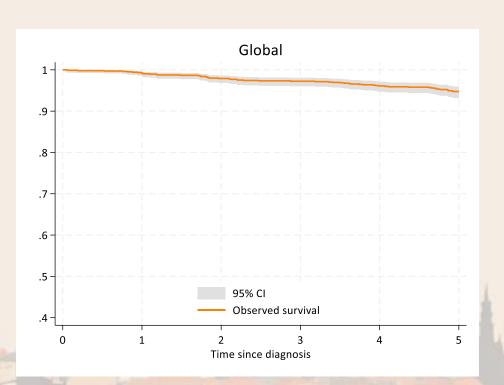
Age-specific incidence rate



Crude rate by socioeconomic status

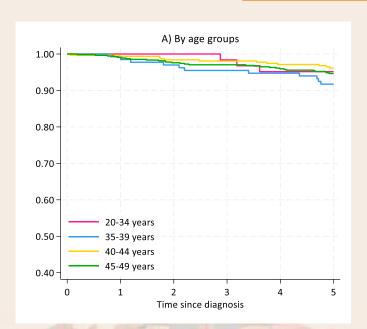


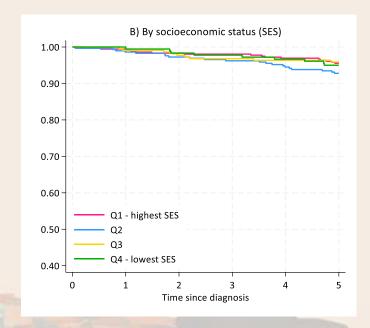
Observed Survival



Observed Survival

By age groups and socioeconomic status

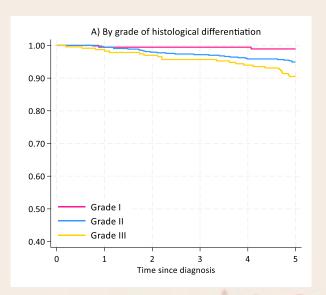


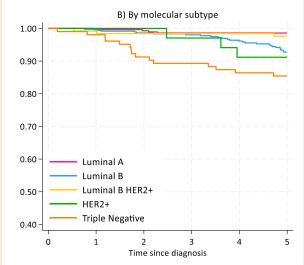


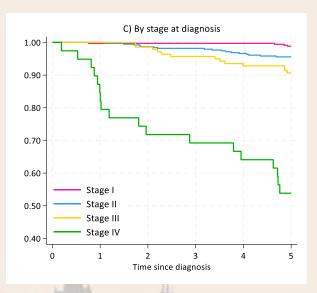
No differences were found by age groups nor socioeconomic status

Observed Survival

By histological grade, molecular subtype and stage at diagnosis







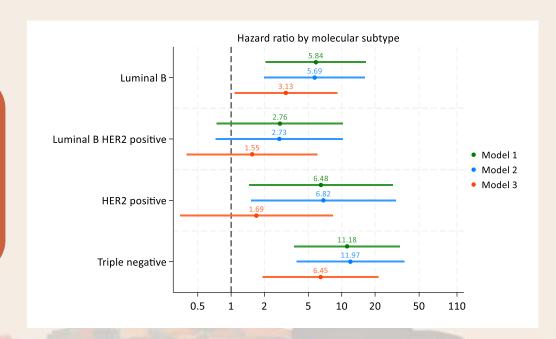
Excess Hazard Ratio

(ref) Luminal A molecular subtype

Model 1: Crude hazard ratios

Model 2: Adjusted by sociodemographic characteristics

<u>Model 3:</u> Adjusted by sociodemographic and tumour characteristics



Discussion

- Our results emphasize the <u>effect of age and socioeconomic status</u> on <u>cancer risk</u>, and support
 the association of <u>grade of histological differentiation</u>, <u>molecular subtype</u> and <u>stage at diagnosis</u>
 on <u>prognosis</u>.
- In contrast with other type of tumours, <u>high socioeconomic status</u> women showed **the highest incidence rate** of BC.
- The survival for BC in the studied women were remarkably high, reaching around **95% of survival** at 5-ys.
- Poorly differentiated tumours, triple-negative and stage IV at diagnosis showed the lowest survival.

Conclusions

- This study provides in-depth information on BC incidence and survival rates in young adult women in the Community of Madrid.
- BC incidence and survival rates, broken down by age and tumour characteristics, are <u>essential</u> indicators for clinicians when establishing a patient's prognosis and to inform treatment decisions.
- PBCR are able to implement <u>systematic and standardised procedures</u> that ensure <u>accurate</u>
 epidemiological surveillance.
- Exploring <u>social disparities</u> in cancer brings such a valuable information that must be taken into account for **future measures and cancer control plans**.

Thank you for your attendance

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